

Trumbull County
Crisis Intervention Team Training
November 2023

Crisis Intervention
Team (CIT) Training

CIT programs are local initiatives designed to improve the way law enforcement and the community respond to people experiencing behavioral health crises. They are built on strong partnerships between law enforcement, behavioral health providers, and individuals and families affected by mental illness or addiction. Fifteen officers from eight jurisdictions in Trumbull County attended our twentieth five-day training in November 2023. In March 2024 we held our first ever CIT "refresher" training, a one-day event for officers that had already completed the basic 40-hour course. In April we held two "role-specific" courses for 60 Corrections Officers from the Trumbull County Jail. More than 320 officers from 33 jurisdictions completed CIT training in Trumbull County between FY2006 and FY2024.

TRUMBULL COUNTY
Mental Health and Recovery Board

Staff

April J. Caraway, MSEd, LSW, Executive Director
Lauren Thorp, MSEd, LPC, Associate Director, ASAP Project Director
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Crystal Crites, Executive Assistant of the Family & Children First Council

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Trumbull County
Suicide Prevention Coalition (SPC)

For Suicide Prevention Month in September 2023, the Trumbull County Suicide Prevention Coalition kicked off their second annual "Sound the Siren on Suicide" Youth PSA Video Challenge. Trumbull County students in grades 9-12 created a 30-second video on one of three prevention topics: the impact of social media on mental health, sports betting and online gambling, or supporting peers with mental health symptoms and/or suicidal thoughts. Local TV partners, WKBN and WFMJ, featured the top three winning videos as public service announcements. Hubbard High School placed first and third and had one honorable mention; LaBrae High School placed second; and two groups from the Trumbull Career and Technical Center received honorable mentions.

For more information call 330-675-2765 ext. 117

Trumbull County
Family & Children First Council

The Trumbull County Mental Health and Recovery Board is the administrative agent for the Trumbull County Family & Children First Council. Council provides a venue for family and child-serving providers to collaborate, identify challenges, share information and formulate solutions to eliminate barriers to care for families and youth. Families are supported through offerings like High-fidelity Wraparound and through our Trauma Informed Care Initiative that creates awareness about and trains individuals on the effects of childhood trauma.

For more information, please visit the Council's website at www.familyfirsttrumbull.org and our Facebook page or call 330-675-2765, ext. 109.

TRUMBULL COUNTY
Mental Health and Recovery Board

There is BEAUTY in the struggle.
WE ARE IN THIS TOGETHER.



FY 2024 ANNUAL REPORT

Message From
the Executive Director

For the past 15 years I have been fortunate to serve as the Executive Director of the Trumbull County Mental Health and Recovery Board. Together our Board, staff, partner agencies and the community have supported behavioral health services to ensure that every person gets the help they need.

In FY2024 our system of care continued to grow. We contracted with more agencies and increased mental health and substance use services throughout Trumbull County. Together we worked to help people achieve recovery, fought for mental health parity and reinforced that addiction is a disease, not a personal failing. We have learned that we must support a diverse workforce, we must meet people where they are in order to help them achieve recovery and we have to be ready to respond to the next new drug or community crisis. The accomplishments of our hard work can be seen in reduced overdose rates and less deaths by suicide.

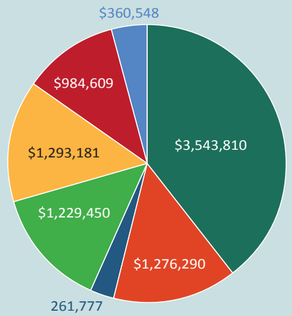
Thank you for your hard work and continued partnership!

Sincerely,

April J. Caraway
Executive Director

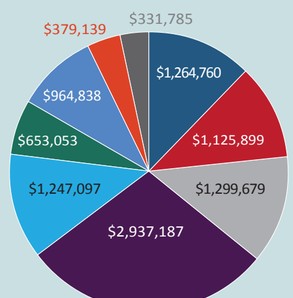
TRUMBULL COUNTY
Mental Health and Recovery Board

Revenues FY 2024



- Levy 39.6%
- Federal Funding for Substance Misuse 14.3%
- Federal Funding for Mental Health 2.9%
- State Funding for Substance Misuse 13.7%
- State Funding for Mental Health 14.4%
- HUD grants for Housing 11.0%
- Other Grants & Misc. Income 4.0%

Expenditures FY 2024



- Mental Health Services 12.4%
- Substance Misuse Prevention & Treatment 11.0%
- Supportive Services 12.7%
- Housing Services 28.8%
- Administrative & Community Services 12.2%
- Criminal Justice & Jail Services 6.4%
- Services for Children & Adolescents 9.5%
- Contracted Professional Services 3.7%
- Consumer & Community Supportive Services 3.3%

Cultural Diversity

Trumbull-Mahoning
DEI Collaborative

The mission of the Trumbull-Mahoning DEI Collaborative, a project of the TCMHRB, is to create health equity in the community by addressing the disparities experienced by marginalized and underserved populations. Through strategic partnership and a focus on addressing the social determinants of health, the collaborative implemented several key initiatives during FY24, including facilitating the training series "Shaping Your Piece of the Puzzle: Fostering Diverse, Equitable, and Inclusive Organizations." The collaborative also hosted "Project AHA! An Equity Awareness Experience," designed to create a broader awareness to the realities of poverty; and the "Project AHA! Advancing Health Access Community Resource Fair," with over 40 agencies and organizations participating.

For more information call 330-675-2765 ext. 114



Unmute the Uncomfortable

The TCMHRB continues their commitment to racial and health equity through their partnership with Coleman Health Services on their Unmute the Uncomfortable events. The third annual symposium was held in April 2023 and the keynote speaker was former Atlanta, GA Mayor, Keisha Lance Bottoms. The event brought together counselors, social workers, first responders, educators, nurses, faith-based and grass roots organizers, and community members. The event amplified diverse voices to help address the importance of gender equity, minority stress, and the impact on one's mental health.

For more information call 330-675-2765 ext. 117

Housing and Supports

In FY2024 the Board invested over one million dollars in programs to help individuals and families obtain and maintain safe, affordable housing. Programs included HUD Continuum of Care vouchers, state Access to Wellness funds, local Housing Assistance Program funds, local Recovery Housing support funds, and funding for emergency housing at Christy House.

The TCMHRB, in partnership with Coleman Health Services, began a multi-service project focused on 24/7 crisis intervention and supportive housing for unsheltered families (women and children). The Pine Avenue building, owned by the TCMHRB, will be renovated. The current renovation is expected to cost approximately $5,260,000 and funding is 100% committed through the TCMHRB, ARPA I funding through the Ohio Department Mental Health and Addiction Services (OhioMHAS) Heartland Regional Collaborative, and FY23-24 Capital Grant Funding by OhioMHAS. The city of Warren also committed Home ARPA funds to the project. The Crisis Center is expected to be completed in late 2025.



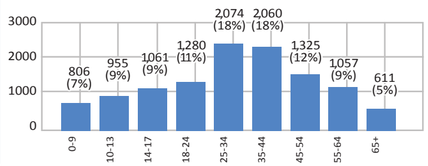
The Alliance for Substance Abuse Prevention (ASAP) Coalition

The coalition engages community members and mobilizes resources to end the substance use problems affecting our community today so that future generations will not be impacted. The Coalition's FY24 projects included the ASAP Summer Track Meet, Overdose Awareness Day activities, a medication disposal take back day, the Annual ASAP Drug Summit, outreach to family members of overdose victims, pop-up Narcan Distribution Sites, the Anti-Stigma Initiative Pilot Program and the annual Recovery Rally. The ASAP Coalition works year-round to spread awareness about the dangers of drug use, to reduce the demand for drugs, and to reduce drug overdoses and deaths in Trumbull County.

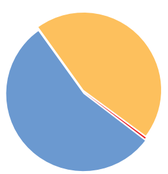
For more information call 330-675-2765 ext. 104

Profile of the 11,293 persons
(preliminary count) served in FY2024

Age Grouping

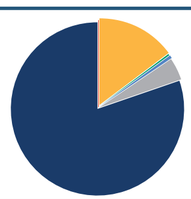


Gender



- F 6,054 53.92%
- M 5,170 46.05%
- 3 0.03%

Race



- Asian 30 0.27%
- Black 1,642 14.63%
- Hispanic 12 0.11%
- Other 76 0.68%
- Unknown 472 4.20%
- White 8,994 80.12%

Top ten diagnoses for adults and children served in FY2024

ADULTS	RANK	CHILDREN
Depressive disorders	1	Attention deficit disorders
Anxiety disorders	2	Anxiety disorders
Bipolar disorders	3	Adjustment disorders
Schizophrenia	4	Post-traumatic stress disorders
Post-traumatic stress disorders	5	Depressive disorders
Opioid use disorders	6	Conduct disorders
Attention deficit disorders	7	Pervasive developmental disorders
Alcohol use disorders	8	Bipolar disorders
Adjustment disorders	9	Impulse control disorders
Amphetamine use disorder	10	Other childhood disorders

Pride Survey Results
Continue to Guide School-Based Prevention Efforts

During the 2023-24 school year, the Trumbull County Mental Health and Recovery Board funded its biannual administration of the Pride Survey to eight Trumbull County school districts. This included 1807 students in grades 6, 8, and 10. The Pride Survey measures a variety of factors, including drug use, perception of risk, school climate, mental health, protective and risk factors. Though the survey demonstrated a decrease in overall drug use among 10th grade students, the increase of misuse of some substances, specifically "vaping" or e-cigarette use among 6th and 8th grade students, continues to be a concern. The TCMHRB meets regularly with school-based providers to strategize prevention efforts and continues to contract with certified behavioral health agencies to deliver prevention programming focused on raising awareness about the dangers of substance misuse.

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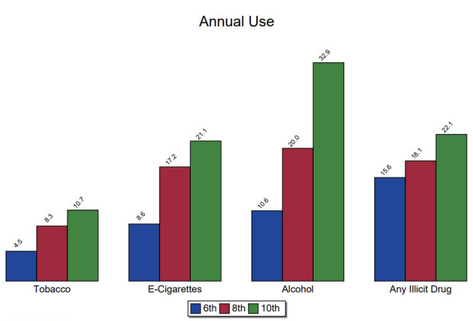

Providing Support to our Youngest Residents
with Early Childhood Mental Health Consultation

The Trumbull County Mental Health and Recovery Board has long supported and funded early childhood mental health (ECMH) consultation services for families, children (ages 0-6), and early childhood professionals. ECMH consultants strive to build resilience in children and the people who care for them by providing behavioral support, classroom management strategies, and resource and referral services. In FY24, ECMH Consultants provided support in 55 classrooms, serving over 650 children and over 100 early childhood educators.

For more information call 330-675-2765 ext. 111